



MANLY FRESHWATER CATHOLIC PARISH

Mary Immaculate and St John the Baptist Churches

Fifth Sunday in Ordinary Time – 5th February 2023



Gospel Reflection

Unsalted popcorn and an electrical power outage are all that we need to appreciate Jesus' message in today's Gospel reading (the continuation of the Sermon on the Mount). Through the images of

salt and light, Jesus impresses upon his listeners the vocation of Christians: *As I am salt and light to the world, so you, as my disciples, must reflect me to the world.*

Salt and sun, of themselves, are not good for very much and can even be harmful. Their value is realized only when they mix or interact with other things. Their addition brings out the fullness of whatever they come in contact with.

A handful of salt brings out the natural flavor in every kind of food, from file to popcorn. The four ounces of salt in our bodies enable our muscles to contract, our blood to circulate, our hearts to beat. Salt purifies and softens, cleans and preserves. Salt is an important element in making glass, building roads, manufacturing soap and shampoo, bleaching paper and cooling nuclear reactors. Salt is used both in freezing and in de-icing. There are over 14,000 uses of salt – but of and by itself, salt is useless. Eating a handful of salt does not taste particularly good – it might even make you sick to your stomach.

Light's true beauty is realized only when we look away from its source and toward what it illuminates. Light transforms the cold terror of night into the warm assurance of day. Light enables us to discover, to study, to discern, to behold the beauty of our world and the wonders of God's creation. Light warms, nurtures, sustains, reveals, cheers.

Salt is perhaps the humblest of all chemicals; light is among the most generous of all physical properties.

connectionsmediaworks.com

INVITATION!!! INVITATION!!! INVITATION!!!

We are about to commence a NEW YEAR with the Parish Pastoral Council or Leadership Team.

Our first meeting for 2023 will be held next Wednesday 8th February at 5.30pm in the Parish Centre and then the last Wednesday of each month.

We are inviting YOU to consider joining us and make your contribution to the life of this wonderful Parish. There is much to be done and yet so few to commit and help out.

Here is your opportunity. Please ask the likes of Robert Marshall, Michael McGrath, Ian Press, Val Buono, Margaret Dent, Joanne Drury, Peter Nacard, Ivica Covic and Fr's David or John of their experiences serving on the PPC. I am pleased to be Chair of this terrific group of Parishioners and you too could become part of this.

Please contact any of us to discuss joining and becoming part of our Parish Leadership Team or discuss with Jenny in our Parish office 9977 5822.

Kind regards Paul Pervan – Chair PPC

SACRAMENTAL PROGRAM

The children who made their confirmation last year will commence their preparation program for Reconciliation and First Holy Communion on 11th/12th February. Please remember the children and their families in your prayers.

First Holy Communion will be held on Saturday 25th March at 11:30am at both Churches

Confirmation will be held on Saturday 20th May 2023 – time to be confirmed.

Confraternity of Christian Doctrine – CCD

PLEASE NOTE: All GREEN CARD holders need to attend the CCD Training on "Classroom Management". Date: Thurs 9th Feb 10am – 12pm in the Parish Centre



Pope Francis Prayer Intention for February – For parishes...We pray that parishes, placing communion at the center, may increasingly become communities of faith, fraternity and welcome towards those most in need.

PARISH GIVING – thank you for your generous support. At Manly we encourage you to use the tap machines at the Church entrances. If you prefer to use cash there will be **ONE** collection during Mass at the offertory.



PARISH OFFICE - next Tuesday 7th Feb the office will open at 12 noon.

FEBRUARY MINISTRY ROSTER NOW AVAILABLE AT THE BACK OF THE CHURCH

LET US PRAY FOR Recently Deceased: Anniversary:

5th February 2023

Prayers for the sick in our parish: "Lord, grant them and their carers strength and courage" Wayne Smedley; Margaret Burrige; Stephen Robertson; Maureen Williams; Gerry Wybrandt; Amy Farrow; Patricia Duffy; Florencia Lira; Ken Waller; Mary Helen Fogarty; Belinda Nicholls; Jacqui Dawson; Gerry Ring; Zacchaeus Ratnam; Pat Smith; John Connors; Don Hews; Joan Jacobs; Sheila Lee; Donnacha Donnelly; Paul Donnelly; Julie & Rodney Wallis; Lyn Hillard



UPCOMING LITURGICAL DATES

Ash Wednesday 22nd Feb

Good Friday 7th April

Easter Sunday 9th April

Divine Mercy Sunday 16th April

Opening Year Combined School Staff Mass



Last Friday around 150 teachers and staff from our four local schools – St Mary's, St John the Baptist, St Paul's and Stella Maris gathered together to begin the school year with the Holy Mass at St Mary's Church Manly.

Please keep them all in your prayers for a successful school year.

Message from Bishop Anthony 31 January 2023



A new year already! I hope you were able to rest a little after the Christmas festivities. I am very pleased I was able to have a break to refresh and energise for what is shaping up to be another very busy year for ministry and mission in the diocese.

This year I trekked the Eastern Himalayan Mountains reaching 3600 metres – certainly quite a challenge but it was wonderful to visit a completely different part of the world.

As we commence the year 2023, I could not help thinking back in time and my mind settled fifty years ago to 1973. Like many of you, I have very clear memories of the opening of the Sydney Opera House which has since hosted thousands of cultural and artistic events. It has become a symbol of the arts and a sign of artistic beauty for our Nation and for the world.

In 1973 the U.S. Supreme Court ruled that the U.S. Constitution conferred the right on its citizens to choose to have an abortion. Known as *Roe versus Wade*, this decision has caused an ongoing abortion debate all around the world, including Australia. The debate is often around whether, or to what extent, abortion should be legal, who should decide the legality of abortion, and what the role of moral and religious views in the political sphere should be. Unfortunately, the debate rarely mentions the life of the unborn child or the right to life of the unborn child. In June 2022, the U.S. Supreme Court overturned *Roe v. Wade*. Again, there was a deafening silence on the part of the innocent unborn child.

In January 1973, ten years into his pontificate, Pope Paul VI announced that the 40th International Eucharistic Congress would be hosted in Melbourne. Citing Archbishop James Knox's zeal and religious ardour, the Pope pointed out the Church's readiness, especially in pastoral renewal, for promoting closer and stronger bonds of charity. He noted that the greatest testimony and pledge of Christ's love is the Eucharist where the sacrifice of Calvary is seen and believed on the altar of the cross.

Closer to our homes while the first Mass was celebrated in Terrigal in 1931 and the first church was opened by Bishop Muldoon in 1961, it was not until 1973 that Our Lady Star of the Sea was formed as a parish in its own right. This year marks the Golden Jubilee of Our Lady Star of the Sea Catholic Parish, Terrigal. I am hopeful that this Jubilee Year will become an occasion throughout the diocese to reinvigorate and celebrate our community of the Church, to take up anew the mission to the young who are eager to hear the Word of God; to families who are great witnesses of community and love in the world; to the sick and dying who remind the world that life is precious in every moment; and to those who do not know Jesus Christ, but who long for love and joy and peace in their lives, in their homes; and in the world.

My brothers and sisters, as we commence the new year, might we be inspired by these four moments from the past: (1) to celebrate the beauty of life in art, music, drama, and culture; (2) to find a courageous voice to promote the rights of the unborn child; (3) to promote and encourage genuine pastoral renewal in our community of the Church with the Eucharist as the source and summit of our ministry and life; and (4) to reinvigorate our communities across Broken Bay for mission to the young, to families, to the sick and dying, and to those who do not know Christ.

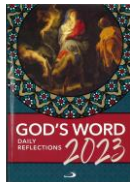
+ Anthony



Word of God Sunday 5 February

The Church in Australia celebrates the Sunday of the

Word of God on the first Sunday in February – February 5 in 2023 (Fifth Sunday in Ordinary Time, Year A). Pope Francis established the day, which is devoted to “the celebration, study and dissemination” of the Word of God. Visit www.catholic.org.au/wordofgodssunday to access resources to help commemorate the day and for suggestions on how to better engage with Sacred Scripture in various ways and settings.



PIETY STORE

GOD'S WORD 2023 Daily Reflections- limited copies in the Piety Store \$15 ea.

Orders for 2024 need to be placed with the parish office by end of June 2023.

Movie of the month – Pius XII – Under the roman sky (starring James Cromwell) A powerful movie on the great and hidden struggle of the incorrectly labelled “Nazi Pope”. The State of Israel testify papal relief programs saved up to 860 000 jews during World War 2. Only \$10 @ the Piety store.

CD of the month – Cabeza De Vaca – epic journey of Catholic explorer

An astonishing true story of shipwrecks, slavery, deprivation, battles, hardship, apparitions, miracles and resurrections. When faced with annihilation, it was only the “faithful” that survived. Only \$5 @ the piety store.

VOLUNTEERS NEEDED – Deliveries to Palm Beach

We are looking for volunteers to help deliver frozen meals to Palm Beach Wharf for the 2pm ferry to Ettalong on Thursdays. The meals are supplied by our friends at One Meal at Brookvale and are for the homeless on the Central Coast.

You would need your own transport, or I can team you up with someone. You would need to be at Brookvale by 12.45 pm and then take them to Palm Beach Wharf and put them on the ferry and they are then collected from Ettalong by a Vinnies team.

A fold up trolley is supplied to make it easier to transport onto the wharf.

If I can get enough help, you may only have to go on the roster once every 2 months.

Please call me if you can help or have any questions.

Mick O'Farrell 0402 890 125

Livestreaming on Facebook Sunday 8:30am
Mass [manlyfreshwaterparishfacebook/videos](https://www.facebook.com/manlyfreshwaterparish/videos)

FACE MASKS – please bring a face mask with you if you wish to wear it in the Church

Fifth Sunday in Ordinary – Year A

First Reading

Isaiah 58:7-10 (JB)

A reading from the prophet Isaiah

Your light will shine like the dawn.

Thus says the Lord: Share your bread with the hungry, and shelter the homeless poor, clothe the man you see to be naked and turn not from your own kin. Then will your light shine like the dawn and your wound be quickly healed over. Your integrity will go before you and the glory of the Lord behind you. Cry, and the Lord will answer; call, and he will say, 'I am here.' If you do away with the yoke, the clenched fist, the wicked word, if you give your bread to the hungry, and relief to the oppressed, your light will rise in the darkness, and your shadows become like noon.

The word of the Lord. **All: Thanks be to God.**

Responsorial Psalm

Ps 111:4-9 (JB)

R. A light rises in the darkness for the upright.

He is a light in the darkness for the upright: he is generous, merciful and just. The good man takes pity and lends, he conducts his affairs with honour. R.

The just man will never waver: he will be remembered for ever. He has no fear of evil news; with a firm heart he trusts in the Lord. R.

With a steadfast heart he will not fear; open-handed, he gives to the poor; his justice stands firm for ever. His head will be raised in glory. R.

Second Reading

1 Corinthians 2:1-5 (JB)

A reading from the first letter of St Paul to the Corinthians

I came to you to proclaim Christ crucified.

When I came to you, brothers, it was not with any show of oratory or philosophy, but simply to tell you what God had guaranteed. During my stay with you, the only knowledge I claimed to have was about Jesus, and only about him as the crucified Christ. Far from relying on any power of my own, I came among you in great 'fear and trembling' and in my speeches and the sermons that I gave, there were none of the arguments that belong to philosophy; only a demonstration of the power of the Spirit. And I did this so that your faith should not depend on human philosophy but on the power of God.

The word of the Lord. **All: Thanks be to God.**

Gospel Acclamation

John 8:12 (JB)

Alleluia, alleluia!

I am the light of the world, says the Lord; the man who follows me will have the light of life.

Alleluia!

Gospel

Matthew 5:13-16 (JB)

A reading from the holy Gospel according to Matthew

You are the light of the world.

Jesus said to his disciples: 'You are the salt of the earth. But if salt becomes tasteless, what can make it salty again? It is good for nothing, and can only be thrown out to be trampled underfoot by men.

'You are the light of the world. A city built on a hill-top cannot be hidden. No one lights a lamp to put it under a tub; they put it on the lamp-stand where it shines for everyone in the house. In the same way your light must shine in the sight of men, so that, seeing your good works, they may give the praise to your Father in heaven.'

The Gospel of the Lord.

All: Praise to you, Lord Jesus Christ.

SUPPORT your PARISH **SUPPORT OUR PARISH & PRIESTS FINANCIALLY by using one of the following...**

1. **Planned Giving:** many parishioners support the parish through a monthly direct debit or credit card. Please contact the parish office for more information 9977 5822.

2. **Collection plates during Mass**

3. **Tap and Go machines** using your credit/debit card or. **EFTPOS Terminals.**

4. **Scan to Donate** using the QR code to access our BPoint Donation page. This secure system provided by the Commonwealth Bank will give you the option of having your receipt emailed to you.

5. **Directly into Parish Bank Accounts**

• **Church Account** Funds Parish running costs

Account Name: Manly Freshwater Parish

Bank Name: Commonwealth Bank

Account # 100002025 BSB: 062 784

• **Pastoral Account** Supports our Priests

Account Name: Manly Freshwater Parish Pastoral

Bank Name: Commonwealth Bank

Account# 13958002 BSB: 062 784



SCAN ME

PARISH WEEKLY EVENTS

- Bible Study via Zoom: 2nd & 4th Tuesday at 7pm
- Cenacle of Our Lady: Tues 9:45am Manly Church
- Christian Meditation Group: Tues 12:30pm Parish Centre
- Craft Group: Tues 10:00am Parish Centre
- Eucharistic Adoration: Weds 6:00pm – 7:30pm Manly
- Lectio Divina: Tues 7.30pm & Weds 10am Parish Centre
- Piety Store: open on weekends or call the Parish Office
- Reconciliation: Manly: Sat 10am – 11am
- RCIA: Contact the Parish Office 9977 5822
- Rosary via Zoom: 1st Thurs 6pm, every other Thurs 7pm
- Rosary: Freshwater Tues – Fri 8.45am in Church.

PARISH MONTHLY EVENTS

- Anointing Mass: Manly & Freshwater 1st Friday 9:15am
- Parish Pastoral Council: contact Parish Office
- St Joseph Men's Group: 1st Thurs of the month 7pm
- St Vincent de Paul: Manly & Freshwater Conferences 2nd Mon each month 5:30pm

SOUTH STEYNE medical CENTRE

Nestled between the pines at South Steyne – our Medical Centre born from the belief of looking from a fresh perspective towards healthcare. You will find highly trained, experienced GPs and Nursing Staff, with a range of skills to provide you with quality comprehensive care.



Address: 15 South Steyne, Manly
Phone Number: (02) 7209 2920
Fax Number: (02) 7209 2921
Website: southsteynemedical.com
Email: SSMAdmin@southsteynemedical.com



MAURER
FAMILY FUNERALS

*Finding guidance
during a difficult time
is comforting*

MAURER FAMILY FUNERALS

*4 Generations of Family
Serving the Community
since 1941*

Offices at
Balgowlah & Chatswood
9977 2113

www.maurerfunerals.com.au

Accredited Funeral Home
Australian Funeral Directors
Association

Simplicity Funerals



Jenny Smith,
Funeral Director

340 Sydney Rd
Balgowlah
9907 9765

Offering Australia's leading
prepaid funeral plan.
All area
Australian owned.
www.simplicityfunerals.com.au



WILSON
FAMILY
FUNERALS



Local family owned and
operated. Personally talk
to Ann, Kate and John.

VISIT Suite 3, 1440 Pittwater Rd
North Narrabeen, Sydney

CALL 02 9913 7131

wilsonfamilyfunerals.net.au



R.L. GRAY
ELECTRICAL
SINCE 1949

*'Providing outstanding
service to our community
for over 65 years'*

**Residential, commercial
& industrial installations
and repairs**

- Lights & Power
- Stoves & Hot water
- Telephone & Internet

**FREE QUOTATIONS
PLEASE CALL BEN**

9948 3799
0418 419 718



**St John the Baptist
Primary Catholic
School K – 6**
7 Johnson St,
Freshwater
9939 6699



**St Mary's
Primary
Catholic School
K – 6**

Denison Street,
Manly
9977 2225



Stella Maris

COLLEGE MANLY
A Catholic Girls' College of
Good Samaritan Education
from Year 7 - 12

**inclusive
inspiring
innovative**

Living and learning
Benedictine values in the
21st Century.

9977 5144
52 Eurobin Avenue,
Manly NSW 2095
www.stellamaris.nsw.edu.au



St Paul's Catholic College Manly

St Paul's is a Catholic high school
for boys in Years 7 to 12

**Respect
Responsibility
Results
Reverence**

Darley Road, Manly
Ph: 9977 5111
Fax: 9977 0959

www.stpaulsmanly.nsw.edu.au

E: stpauls@dbb.edu.au

Parish Priest: Fr David Taylor
manlyfreshwaterparish@bbcatholic.org.au

Assistant Priest: Fr John Puliparambil
john.puliparambil@bbcatholic.org.au

Parish Secretary: Jenny Beninati
manlyfreshwaterparish@bbcatholic.org.au

Mary Immaculate Church (Parish Office)

6 Raglan St, Manly 2095
Parish Office: Mon to Thurs 8:30am – 4:30pm
Phone: 9977 5822

manlyfreshwaterparish@bbcatholic.org.au
www.bbcatholic.org.au/manlyfreshwater

St John the Baptist Church

cnr Johnson & Oliver St, Freshwater 2096

Presbytery: 9977 2100

After Hours Sick Calls: 0499 910 010

Parish Pastoral Council: Paul Pervan (Chair),
Ian Press (Deputy Chair), Margaret Dent
(Secretary), Joanne Druery; Val Buono;
Ivica Covic; Robert Marshall; Michael McGrath;
Peter Nacard

Weekend Masses:

Manly: Saturday Vigil 6:00pm

Sunday 8:30am, 10:30am, 6:00pm

Freshwater: Saturday Vigil 5:00pm & Sunday 9am

Weekday Masses:

Manly: Tuesday – Friday 9:15am

Freshwater: Tuesday – Friday 9:15am

Baptisms: please contact the parish office

Manly: 4th Sunday of the month

Freshwater: 2nd Sunday of month

Reconciliation: *Manly* Sat 10am – 11am

St Mary's Primary School 9977 2225

Principal: Paul McGuire

St John the Baptist Primary School 9939 6699

Principal: Alicia van der Merwe

St Paul's Catholic College 9977 5111

Principal: Michael Reid

Stella Maris College 9977 5144

Principal: Elizabeth Carnegie



For **real** estate done
differently on the
Northern Beaches

Janet Sajowitz 0419 615 693

DiJONES